



Eastern Idaho Volleyball Association

U10-U12 Serving Rules

- U10 players can come up to where they feel comfortable but must be behind the 10-foot line. After 5 consecutive serves by one player it is automatically a side out. (This rule is only in U10 not U11-12)
- U10 players also get a second serve if they miss their FIRST SERVE ONLY. If they also miss their second serve the coach can throw the ball over to the opposing team. The teams can then play the ball out. Once the play is over it is a side out.
- U12 players can come up to 10 feet in front of the end line (This age group doesn't get a second serve)
- We are encouraging both ages groups to go back as far as they can.
- The goal is to get the player behind the end line, but we know some don't have the strength.
- Once a player has had a couple of successful attempts, they need to move back a couple of steps. Keep doing this so one player doesn't monopolize the whole game **(This is the coach's responsibility not the referee's)**
- If your team is abusing the right to move up, the whole team will be required to move behind the end line.
- We also allow free substitutions in both of these leagues, but a player must wait at least 6 rotations before serving again.
- We hope for kindness and fair play when it comes to serving. Push your players to become better and to serve from farther back. This is a developmental league to help the players find success and have a fun at the same time.

IT IS NEVER FUN WHEN PEOPLE ARE ARGUING!